



These games support your child in progressing from confident walking to running with purpose. They will help your child to develop core strength and muscle and hone spatial awareness.

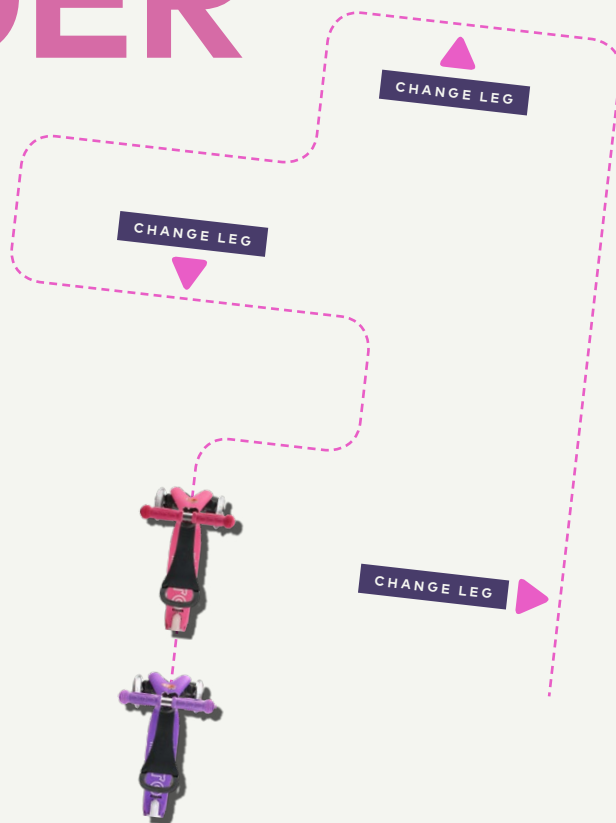
FOLLOW THE LEADER

PURPOSE OF GAME:

Balance, team building, core strength

HOW TO PLAY:

1. The oldest child is the leader.
2. The younger children line up behind the older child.
3. The older child scoots off slowly and encourages the other children to follow.
4. On command the old child turns to the right, or left, or changes leg and the younger children have to attempt to do the same.
5. The game encourages the older child to build confidence in their team building and the younger children to learn skills from the older child.
6. At the end the older child awards the younger child who did the best following.



PRODUCTS MOST SUITED TO THIS STAGE:



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