



These Play for Life games help to develop decision making and communication skills. This will help your child hone specific movement skills, required for certain sports and expertise at a later stage of development.


MAKE THE SNAKE

PURPOSE OF GAME:

Balance, cognitive challenge, confidence in decision making

HOW TO PLAY:

1. The child starts at a stretch of narrow path, if possible with grass either side.
2. The child is a snake slithering from side to side across the path from left and then to right in long, smooth motions.
3. The child has to be careful to ride slowly and carefully, just like a snake and should make a loud hissing noise as they slide around the path!

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