



These Play for Life games help to develop decision making and communication skills. This will help your child hone specific movement skills, required for certain sports and expertise at a later stage of development.

TRAFFIC LIGHT SAYS GO!

PURPOSE OF GAME:

Reaction time, balance, communication skills, acceleration/deceleration control, decision making

HOW TO PLAY:

1. One person designated the Traffic Light holds a red flag / scarf / jumper and a green flag / scarf / jumper in separate hands.
2. The players line up on scooters, shoulder to shoulder and face the Traffic Light from at least six metres away.
3. The Traffic Light turns around with their back to the scooters, holds up the green flag and shouts, "Green Light," at which point the scooters can move forward. But without warning, the Traffic Light can hold up the red flag and shout, "Red Light" and whip around to face them. Anyone the Traffic Light sees moving at this point has to return to the starting line.
4. When a scooter reaches the Traffic Light, the game is over, and the person who made it all the way gets to be the Traffic Light for the next game.



PRODUCTS MOST SUITED TO THIS STAGE:



FIND OUT MORE



FIND OUT MORE



FIND OUT MORE