



These Play for Life games help to develop decision making and communication skills. This will help your child hone specific movement skills, required for certain sports and expertise at a later stage of development.

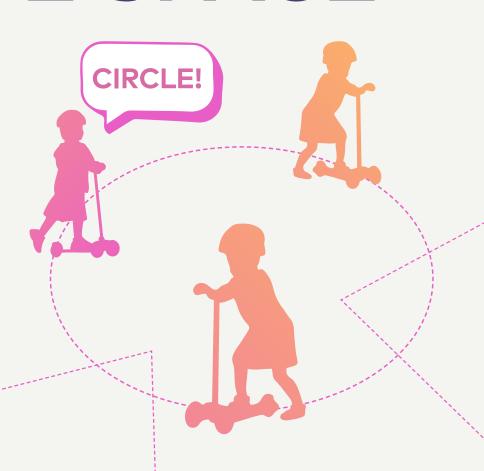
SHAPE SPACE

PURPOSE OF GAME:

Balance, acceleration/deceleration control, cognitive challenge with changes in shapes, team work

HOW TO PLAY:

- The children scoot in a circle to start.
- 2. They scoot around a set number of times and then break out and scoot wherever they like.
- The leader calls out a shape and they have to all come back together and scoot to form that shape.
- 4. Someone else is then the leader and it starts again.



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